



## **Battered Cod Fillets 15 x 230 - 290g**

Frozen formed cod (*Gadus macrocephalus*) fillets coated in a crispy batter

Fish | Frozen

Pack Size: **15 x 230g - 290g Min. Net weight 3.00 kg**

Inner Barcode:

Outer Barcode: **05023616441703**

Last Updated: **26-03-2019**

## Ingredients & Allergens

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### Country of Origin

United Kingdom

### Ingredients

Cod (FISH), Batter (Water, Wheat Flour (WHEATFlour, Calcium Carbonate, Iron, Niacin, Thiamin), Maize Starch, Salt, MUSTARDPowder, WHEAT Flour Starch, Skimmed MILK Powder, Raising Agents (DisodiumDiphosphate, Sodium Hydrogen Carbonate), Yeast Extract), Rapeseed Oil, Bread crumb (Wheat Flour (WHEATFlour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Stabilisier(Xanthan Gum), Salt).

### Nutrition - Typical per 100g

Energy	0 kJ
	0 kcal
Fat	0 g
- of which saturates	0 g
Carbohydrates	0 g
- of which sugars	0 g
Fibre	g
Protein	0 g
Salt	0 g

## Dietary

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### Suitability

Suitable for a Vegetarian Diet	No	Approved for a Halal Diet	No
Suitable for a Vegan Diet	No	Approved for a Kosher Diet	No
Suitable for Sufferers of Lactose Intolerance	No		
Suitable for Coeliacs	No		

### Contains

Contains GM Protein/DNA	No	Contains Cereal	Yes
Contains Celery	No	Contains Wheat	Yes
Contains Lupin	No	Contains Rye	No
Contains Eggs	No	Contains Barley	No
Contains Fish	Yes	Contains Oats	No
Contains Soybeans	No	Contains Spelt	No
Contains Milk	Yes	Contains Kamut	No
Contains Mustard	Yes	Contains Sulphur Dioxide and Sulphites	No
Contains Peanuts	No		
Contains Sesame Seeds	No		
Contains Crustacea	No		
Contains Molluscs	No		
Contains Nuts	No		
Contains Almonds	No		
Contains Hazelnuts	No		
Contains Walnuts	No		
Contains Cashew Nuts	No		
Contains Pecan Nuts	No		
Contains Brazil Nuts	No		
Contains Pistachio Nuts	No		
Contains Macadamia Nuts	No		
Contains Queensland Nuts	No		
Contains Gluten	Yes		
Contains Artificial Antioxidants	No		
Contains Artificial Colours	No		
Contains Artificial Flavourings	No		
Contains Artificial Flavour Enhancers	No		
Contains Artificial Preservatives	No		
Contains Artificial Sweeteners	No		

## Handling & Cooking

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### Directions for Use

As cooking instructions - cook from frozen

### Storage Instructions

Store at minus 16 deg C to minus 22 deg C Target minus 18 deg C

## Packaging

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### Primary packaging type

Box

### Primary packaging dimensions (mm)

584 x 381 x 711

### Primary packaging weight

15 x 230g - 290g Min. Net weight 3.00 kg

### Outer packaging type

Case

### Outer packaging dimensions (mm)

377 x 236 x 86

### Outer packaging weight (kg)

0.09

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