



Country Range Battered Haddock Fillets 24 x 140 - 170 g

Ingredients & Allergens

Country of Origin: United Kingdom

Ingredients: Haddock (FISH), Top Coat Batter (Water, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Maize Starch, Salt, Raising Agent (Disodium Diphosphate, Sodium Hydrogen Carbonate), WHEAT Starch, Dextrose, Yeast Extract, Stabiliser (Xanthan Gum)), Adhesion Batter (Water, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Maize Starch), Intermediate (Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin) Salt, Water), Dusting (Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil), Rapeseed Oil.

Nutrition - Typical per 100g

Energy	712 / 170
Fat	3
Saturates	0.3
Carbohydrates	24.3
Sugars	0.8
Fibre	1
Protein	12.1
Salt	0.93

Dietary

Suitability

Vegetarian	no
Vegan	no
Halal Diet	no
Kosher Diet	no

Contains

Gluten	yes
Milk	no
Egg	no
Peanuts	no
Brazil Nut	no
Crustaceans	no
Mustard	no
Fish	yes
Lupin	no
Sesame	no
Celery	no
Soya	no
Molluscs	no
Sulphur Dioxide	no

Handling & Cooking

Directions for Use

Cooking from frozen: Always ensure the product core temperature reaches 72°C (Once defrosted don't refreeze) DEEP FRY : Deep Fry in hot oil at 180°C for approximately 6-7 minutes. Oven bake using a preheated oven at 220°C /Gas Mark 7 for approximately 16 minutes. Cook thoroughly until piping hot throughout.

Storage Instructions

Store at -18°C or below. Once defrosted, do not refreeze.

Packaging

Primary packaging type

-

Primary packaging dimensions

-

Inner Unit Length in (mm)

377.0000

Inner Unit Height in (mm)

86.0000

Inner Unit Width in (mm)

232.0000

Outer Unit Length in (mm)

584.0000

Outer Unit Height in (mm)

381.0000

Outer Unit Width in (mm)

711.0000

Disclaimer:

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