



## Country Range Breaded Chicken Breast Goujons 2kg

### Ingredients & Allergens

---

**Country of Origin:** Poland

**Ingredients:** Chicken Breast (64%), WHEAT Flour, Water, Canola Oil, Glucose, Yeast, WHEAT Fibre, Salt, WHEAT GLUTEN, Potato Starch, Stabilisers (Sodium Diphosphate, Sodium Triphosphate).

## Nutrition - Typical per 100g

---

Energy	818 / 195
Fat	9.6
Saturates	0.8
Carbohydrates	11
Sugars	0.8
Fibre	0.5
Protein	16
Salt	0.8

## Dietary

---

### Suitability

Vegetarian	no
Vegan	no
Halal Diet	yes
Kosher Diet	no

### Contains

Cereals	yes
Gluten	-
Milk	no
Egg	no
Peanuts	no
Brazil Nut	no
Crustaceans	no
Mustard	no
Fish	no
Lupin	no
Sesame	no
Celery	no
Soya	no
Molluscs	no
Sulphur Dioxide	no

## Handling & Cooking

---

### Directions for Use

Cook from frozen. Oven bake: Preheat oven to 200 °C / 400 °F / Gas Mark 6. Place on a baking tray in the centre of the oven and bake for 15 - 20 minutes turning half way through cooking. Ensure product is piping hot before serving. Deep fry: Preheat oil to 180 °C. Gently lower and fully immerse the goujons into the oil. Fry for 4 - 5 minutes. Drain and serve. Ensure product is piping hot before serving.

### Storage Instructions

Store frozen at -18 °C or colder. Do not refreeze once thawed.

## Packaging

---

### Primary packaging type

-

### Primary packaging dimensions

-

### Inner Unit Length in ( mm )

360.0000

### Inner Unit Height in ( mm )

5.0000

### Inner Unit Width in ( mm )

280.0000

### Outer Unit Length in ( mm )

400.0000

### Outer Unit Height in ( mm )

265.0000

### Outer Unit Width in ( mm )

300.0000

### Disclaimer:

Disclaimer: All information is subject to change without notice. Our product details, including but not limited to, product names, descriptions, specifications and images, is not intended to constitute the full legal description of the products, and does not necessarily include all information. Country Range may change product specifications or information at any time and such amendments may not be updated online immediately. For full and up-to-date details including allergens, please refer to the product packaging.