



Country Range Cooked Gammon Ham 500 g

Ingredients & Allergens

Country of Origin: United Kingdom

Ingredients: Pork (100g of pork per 100g of finished product), Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate).

Nutrition - Typical per 100g

Energy	495 / 118
Fat	4.1
Saturates	1.4
Carbohydrates	0.5
Sugars	0
Fibre	0
Protein	17.7
Salt	2.6

Dietary

Suitability

Vegetarian	no
Vegan	no
Halal Diet	no
Kosher Diet	no

Contains

Cereals	no
Gluten	-
Milk	no
Egg	no
Peanuts	no
Brazil Nut	no
Crustaceans	no
Mustard	no
Fish	no
Lupin	no
Sesame	no
Celery	no
Soya	no
Molluscs	no
Sulphur Dioxide	no

Handling & Cooking

Directions for Use

This product is ready to eat. Remove the product from the packaging before consuming.

Storage Instructions

Keep refrigerated at 2 - 5 °C.

Packaging

Primary packaging type

-

Primary packaging dimensions

-

Inner Unit Length in (mm)

239.0000

Inner Unit Height in (mm)

29.0000

Inner Unit Width in (mm)

167.0000

Outer Unit Length in (mm)

400.0000

Outer Unit Height in (mm)

210.0000

Outer Unit Width in (mm)

320.0000

Disclaimer:

Disclaimer: All information is subject to change without notice. Our product details, including but not limited to, product names, descriptions, specifications and images, is not intended to constitute the full legal description of the products, and does not necessarily include all information. Country Range may change product specifications or information at any time and such amendments may not be updated online immediately. For full and up-to-date details including allergens, please refer to the product packaging.