



Country Range Gourmet Fish Fingers 1 kg

Ingredients & Allergens

Country of Origin: United Kingdom

Ingredients: Cod (FISH), Coating (Breadcrumbs (Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Yeast, Salt), Batter (Water, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Salt, Garlic Powder, Onion Powder, Yeast Extract)).

Nutrition - Typical per 100g

Energy	668.2 / 157.7
Fat	0.9
Saturates	0.1
Carbohydrates	25.8
Sugars	1.6
Fibre	1.8
Protein	10.7
Salt	0.7

Dietary

Suitability

Vegetarian	no
Vegan	no
Halal Diet	no
Kosher Diet	no

Contains

Cereals	yes
Gluten	-
Milk	no
Egg	no
Peanuts	no
Brazil Nut	no
Crustaceans	may_contain
Mustard	no
Fish	yes
Lupin	no
Sesame	no
Celery	no
Soya	no
Molluscs	may_contain
Sulphur Dioxide	no

Handling & Cooking

Directions for Use

Deep Fry. Remove all packaging and place product into hot vegetable oil at 180 °C and cook from frozen for 4 - 5 minutes.

Storage Instructions

Keep frozen at -18°C or below. Do not refreeze after thawing.

Packaging

Primary packaging type

-

Primary packaging dimensions

-

Inner Unit Length in (mm)

325.0000

Inner Unit Height in (mm)

0.0000

Inner Unit Width in (mm)

220.0000

Outer Unit Length in (mm)

293.0000

Outer Unit Height in (mm)

99.0000

Outer Unit Width in (mm)

193.0000

Disclaimer:

Disclaimer: All information is subject to change without notice. Our product details, including but not limited to, product names, descriptions, specifications and images, is not intended to constitute the full legal description of the products, and does not necessarily include all information. Country Range may change product specifications or information at any time and such amendments may not be updated online immediately. For full and up-to-date details including allergens, please refer to the product packaging.