



Country Range Thai Cod and Prawn Fish Cake 24 x 90 g

Ingredients & Allergens

Country of Origin:

United Kingdom

Ingredients:

Cod (FISH) (31%), Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Prawns (CRUSTACEANS) (12%), Potatoes, Water, Rapeseed Oil, Potato Flake, Natural Flavouring, Salt, Sunflower Oil, Dried Bell Pepper, Parsley, Colour (Paprika Extract), Maize Starch, Chilli, Dehydrated Onion, Spice Extract, Sugar, Yeast Extract, Acidity Regulator (Citric Acid), Chilli Powder (Chilli, Cumin, Salt, Garlic Powder, Oregano), Herbs, Pepper.

Nutrition - Typical per 100g

Energy	679.9 / 162.2
Fat	3.7
Saturates	0.3
Carbohydrates	19.4
Sugars	0.9
Fibre	1
Protein	12.3
Salt	1.4

Dietary

Suitability

Vegetarian	no
Vegan	no
Halal Diet	no
Kosher Diet	no

Contains

Cereals	yes
Gluten	-
Milk	no
Egg	no
Peanuts	no
Brazil Nut	no
Crustaceans	yes
Mustard	no
Fish	yes
Lupin	no
Sesame	no
Celery	no
Soya	no
Molluscs	no
Sulphur Dioxide	no

Handling & Cooking

Directions for Use

Cook from frozen as per cooking instructions. This is a raw product. Please ensure product is cooked thoroughly until piping hot throughout.

Storage Instructions

Store frozen at -18 °C or colder. Do not refreeze once thawed.

Packaging

Primary packaging type

-

Primary packaging dimensions

-

Inner Unit Length in (mm)

584.0000

Inner Unit Height in (mm)

381.0000

Inner Unit Width in (mm)

711.0000

Outer Unit Length in (mm)

276.0000

Outer Unit Height in (mm)

91.0000

Outer Unit Width in (mm)

194.0000

Disclaimer:

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